Grains of Truth about Muffins

1. Where does the name “muffin” come from? What does it mean?

2. List and describe the 5 steps in the Muffin Method:
   a. 
   b. 
   c. 
   d. 
   e. 

3. What can you do to improve the nutritional value of muffins?

4. Why do we fill the extra muffin cups with water?

5. Muffins should have ________ tops and ________ texture

6. Describe the toothpick test and why is it used when baking muffins?

7. ________ is best to use when filling the cups with batter because

8. Troubleshooting:
   a. If muffin has tunnels __________________________
   b. If muffin has a peak top __________________________
   c. Muffin is soggy inside __________________________